



New Year's Resolution – Meditation Workshop

Angels of the New Era

An Easy Approach to St. Ignatius of Loyola's Spiritual Exercises

With Guy Murphy, John & Colleen Willard,
Fr. Bill Zimmer & the Totally Yours Staff

Saturday, January 5, 2019 at Techny Towers
2001 Waukegan Rd, Techny, Illinois, 60082

SCHEDULE>>>SPOTS ARE STILL AVAILABLE, CALL NOW!!

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| 9:00 AM | Opening Introduction/Angel Story |
| 10:00 | Session 1 – Sample Meditation |
| 11:00 | Mass |
| 12:00 | Lunch/Free Time |
| 1:00 | Session 2 – Rosary, Points of Meditation (Ignatius) |
| 2:00 | Session 3 – 1st Meditation Time |
| 3:00 | Session 4 – Chaplet and other prayers |
| 3:30 | Session 5 – Shared experiences, Group discussion |
| 4:30 | “The Next Step” presentation |
| 5:00 | Closing Prayers |

**Encountering God through the three powers of the soul will help usher in the
Triumph of the Immaculate Heart!**

***Dear God, I beg you to please give me the grace that the three powers of my soul:
my memory, my intellect and my will, will be for the greater glory of God.***

Price \$50. INCLUDES LUNCH and the Angels of the New Era book.

Nonrefundable payment due December 10, 2018.

Call office to sign up or send checks payable to:

“Totally Yours Co.”, PO Box 897, Hillside, IL 60162

Latecomers are encouraged to call and try to get in the workshop.

For more information contact Guy Murphy, Beth, Kim, Jeff, Colleen, Melissa, Shea or Mari at 1-630-279-8424.