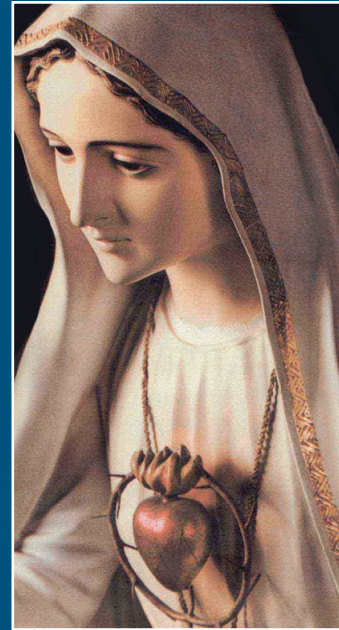


Welcome  
to  
THE  
FIVE  
FIRST SATURDAYS  
PRAYER GROUP





Pope John Paul II Consecrates the world to the Immaculate Heart of Mary.  
March 25, 1984.

## FIVE FIRST SATURDAYS

Let us relax today and focus on opening up our hearts to God in prayer. Remember that prayer elevates our hearts and minds to God, and that the number one commandment is to love God with all our hearts, minds and souls.

(Matthew 22:37)

Let us pray slowly with our hearts, and be united as one powerful voice while meditating on the lives of Jesus and Mary. Oftentimes, Our Lady has said, "It is better to pray one slow Rosary with our hearts than ten Rosaries that we rush through with our lips."

Saint Louis de Montfort said:

*"We can attain divine union by other roads, but that True Devotion to Jesus through Mary is an easy, short, perfect and secure way that leads us to union with Our Lord.*

*...It is to imitate God the Son,  
Who has come to us only through Mary."*

We hear Jesus say, "You let Me reign as King in Your heart on earth, now I will let You reign with Me as Queen of Heaven."

We look at the gold crown. Mary's face radiates with peace and joy and we ask ourselves, "Why?"

"Why did She get the crown? Why is all of Heaven rejoicing?"

## Intellect

We know that Eve had everything in Paradise. However, through pride, lust, greed and lack of faith in God's goodness, she wanted to please herself more than God, so she said, "No" to God and ate the forbidden fruit. She used her charm to share her crime with Adam and encouraged Him to say, "No" to God and eat of the forbidden fruit. There has been a piece of Hell on the earth ever since. Mary was poor on this earth and through Her humility, purity, charity and faith in God's goodness, She said, "Yes" to offering Her Son as a sacrifice on the Cross to be killed by our sins. She also said, "Yes" to God to forgive us, and to such a heroic degree, to become a loving Mother for us, so we can apply the graces to our souls that Jesus won for us. She encouraged Jesus, the new Adam, to say, "Yes" on the Cross. Our loving Mother uses Her charm to encourage us to say, "Yes" to God and receive His forgiveness through Confession, to unite our hearts to God in prayer and then to eat the fruit from the "Tree of Life" (the Eucharist) and live forever. As we say, "Yes" to God, Heaven comes back to earth, one heart at a time.

## Will

I make a resolution to consecrate myself totally to Jesus through the help of the Blessed Virgin Mary. I promise to continue learning mental prayer, so with Her help, I will change my "No" into a "Yes" to God. I will apply Jesus' grace into my soul and He can make my heart a "Little Heaven" where He reigns as King. I will encourage others to learn how to meditate also. As we imitate the Blessed Mother's great love for Jesus, Heaven will come back to earth one heart at a time and Thy Kingdom come, God's Will be done on earth as it is in Heaven. In every heart, mind, soul and body. Amen.

## 5. CORONATION OF THE BLESSED MOTHER

### Memory

We are in Heaven. We see Jesus. He is radiant. We feel the light and love passing through Him to us. His smile is beaming. Jesus is dressed in white and as during the Transfiguration, it is whiter than any bleach can make it. Light actually radiates from His entire person, including His garments.

We hear the multitude of angels happily singing His praises (millions and billions of them). The harmony is so pleasing that we join in with the song.

We see Mary entering into Heaven, escorted by several angels filled with joy. She is dressed with a veil that is white on the outside and sky blue on the inside. She looks with love into Jesus' eyes and smiles. Her arms are crossed with Her hands touching Her shoulders. She bows Her head down and looks at Jesus' feet.

Jesus picks up a gold crown. As He raises it over the Blessed Mother's head, we see the Father reach down from above. With His right hand, He helps Jesus crown Our Lady. With His left hand, He puts another gold crown on Jesus' head. The moment the crown is placed upon Her head, we see gold stars appear on Her white garment. We see the Holy Spirit of Love come from out of His chest and the light bonds Them all together in love.

We remember Jesus words, "As I am in You and You are in Me, I pray that they may be one in Us." It has happened. Mary is united together forever with Jesus and there is a roar of joy in Heaven by all of the angels. Heaven's glory increases. The unimaginable joy becomes even greater.

### FATIMA

In 1917, God sent Saint Michael and Mary, the Mother of Jesus, to three shepherd children in Portugal to deliver a message of Peace to a world headed for war. These and other apparitions fulfill the prophecies given in chapter twelve of the *Book of Revelation*. God is using Mary, Saint Michael and the Body of Christ to defeat the Devil and to give peace to the world. All the faithful are required to help because we are many members of One Body with Jesus as the head. (1 Cor 12:20, Ephesians 5:23)



### THE SOLUTION

Heaven made it clear on how to win this spiritual battle:

1. The faithful must lead good lives.
2. The Pope in union with all the bishops in the world must consecrate Russia to the Immaculate Heart of Mary.
3. The faithful must practice the Five First Saturday Devotion.

### FIVE FIRST SATURDAYS

For five consecutive first Saturdays of the month, we are to:

1. Attend Mass and receive Communion.
2. Pray 5 decades of the Holy Rosary.
3. Go to Confession (8 days before or after).
4. Meditate for 15 minutes on the 15 mysteries of the Rosary.
5. Offer all prayers up for the sins and blasphemies against the Immaculate Heart of Mary.

### SCRIPTURES FULFILLED

1. The Devil cast out of his mouth (blasphemies) as a flood after (Blessed Mary) that She might be carried away. But the earth helped her. (Rev 12:15, 16)
2. Simeon said, "(Mary), Thy own soul a sword shall pierce, that the thoughts of many hearts may be revealed." (Luke 2:35)

We all know Our Lady's heart was pierced by the sword at the crucifixion by our sins. When did it, "reveal the hearts of many?" (Luke 2:35) Some hearts will pierce Her heart deeper and some hearts will remove the sword by making reparation with the Fatima Five First Saturday Devotion. That is why we are here today.

## THE PROMISE

The Mother of God will assist us at the hour of death with all the graces necessary for salvation.

### The Miracle

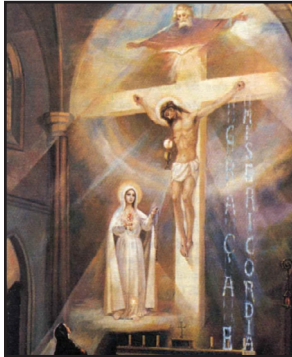
It was predicted to Lucy that a miracle would take place on October 13, 1917. Even though it rained for two days, 70,000 people came. The rain stopped and they all witnessed the sun dance. After this, the ground and their clothes were immediately dry, and many sick and crippled were cured.

### The Warning

Our Lady said, *“If my requests are heeded, Russia will be converted, and there will be peace; if not, she will spread her errors throughout the world, causing wars and persecutions of the Church. The good will be martyred, the Holy Father will have much to suffer; various entire nations will be annihilated. Finally, my Immaculate Heart will triumph. The Holy Father will consecrate Russia to me, and it will be converted, and a time of peace will be granted to the world.”*

### The History

In 1917, people did not take this seriously because Russia was Christian and not strong enough to be considered a threat. Shortly after, the Masonic Bolshevik Revolution took place. Russia became a superpower; annihilated many nations, and persecuted the Church. Pope John Paul II consecrated Russia and the world to the Immaculate Heart of Mary in 1984; Gorbachev became president in 1985; and the Berlin Wall came down in 1989. This amazed everyone and gave much renewed hope in the power behind the message from Heaven.



John remembers the words of Jesus, “Father as I am in You and You are in Me, I pray that they may be one in Us.” John sees how true and complete this union is for Our Lady. She has reached the perfection that God has called Her to on earth. Her heart is already a “Little Heaven” where Jesus lives happily.

Our Lady goes into a joyful ecstasy, only this time, She is no longer breathing. John remains praying.

Some time has gone by and we see a multitude of angels remove the roof of the little house. We see them lift up Our Lady to the sky. By a miracle or vision, John sees Jesus greet Mary and They have an eternal embrace as They disappear into Heaven.

### Intellect

We are attracted to the way Mary received Jesus with Love in Holy Communion. It was the same way She received Him as She entered into Heaven. We ask, “Why?”

Every Communion She received in Her life on earth was preparation and practice for that eternal embrace in Heaven. Jesus was so united to Mary that this was a truly happy end of Her earthly life.

### Will

I make a resolution that every time that I embrace Jesus Christ in Holy Communion, I will think of My heavenly embrace with My God that will last for all of eternity. I will try my best to respond to His love the way Mary did, with humility, purity, with all Her heart, mind, soul and body. Amen.

## 4. ASSUMPTION OF THE BLESSED VIRGIN MARY

### Memory

We see the apostle, John. He is weeping and kneeling at Our Lady's bedside. He looks around 30 years of age, more mature than the 18 year old youth at the Last Supper table. He has light brown hair that goes down his shoulders and a small beard. There is something angelic about his face, especially when he prays.

We see Our Lady. She is all dressed in white. She looks the same as she did on Pentecost Sunday. She has the look of a young mother. Truly, She is the new Eve.

We hear Her angelic voice explain to John that She will be going to Heaven soon.

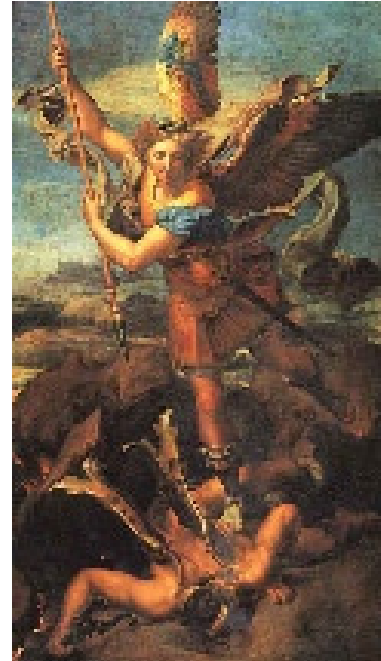
John tells Her how happy he is for Her and then, a new batch of tears start falling from his eyes. He will no longer hear Her angelic voice, or see those blue eyes so full of Christ's love. His daily messages of wisdom, love and encouragement to grow more spiritual will cease for ever. He smiles and weeps.

John gives Our Lady Holy Communion for the last time. He lifts up the Host with his right hand and we hear John say, "The Body of Christ." Our Lady's eyes are fixed on the Host. John sees that the expression on Her face is so full of faith and love that his hand starts to feel warm because he realizes Who he is holding. Our Lady receives Communion with the same attitude as when She used to hug Jesus. A look of peace and serenity is on Her face and after praying for a long time, She says to John, "Jesus is in Me."

## PRAYERS

### 1. OFFERING AND SAINT MICHAEL PRAYER

We offer up all the prayers this day in reparation for all the sins against the Immaculate Heart of Mary.

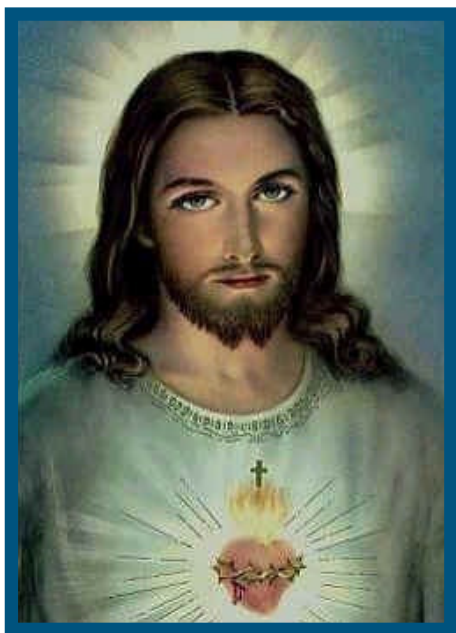


(Let us invoke Saint Michael to minimize the distractions this evening.)  
Saint Michael the Archangel, defend us in battle. Be our safeguard against the wickedness and snares of the Devil. May God rebuke him, we humbly pray, and do Thou, O Prince of the Heavenly Host, by the Divine Power of God, thrust into Hell, Satan, and all the evil spirits, who wander throughout the world seeking the ruin of souls.  
Amen.

### 2. GUARDIAN ANGEL

(Let us ask our guardian angels to join us in prayer.)

My angel of God, my guardian dear to whom God's love commits me here. Ever this day be at my side to light and to guard, to rule and guide. Amen.



### 3. CONSECRATION TO THE SACRED HEART OF JESUS

Jesus, we know that You are merciful and that You have offered Your Heart for us. It is crowned with thorns and with our sins. We know that You implore us constantly so that we do not go astray. Jesus, remember us when we are in sin. By means of Your Heart make all men love one another. Make hate disappear from amongst men. Show us Your Love. We all love You and want You to protect us with Your Shepherd's Heart and free us from every sin. Jesus, enter into every heart! Knock, knock at the door of our heart. Be patient and never desist. We are still closed because we have not understood Your Love. Knock continuously. O Good Jesus, make us open our hearts to You at least in the moment we remember Your Passion suffered for us.  
Amen.

#### **Intellect**

What changed Peter? The Holy Spirit that he received in prayer changed him.

How do we receive the Holy Spirit? Praying with the heart and applying the gifts of the sacraments that Jesus gave His Church will help enrich us in the Holy Spirit.

Jesus wants us to help Him build up His kingdom. Established already in Heaven, then in our hearts, then in our families, then in the whole world.

#### **Will**

We make a resolution to not rely on our own efforts, but to rely on the Holy Spirit. We will exercise this faith and trust by choosing a lifestyle that prioritizes prayer with the heart and frequent use of the Sacraments, all for the glory of God. Amen.

### 3. PENTECOST

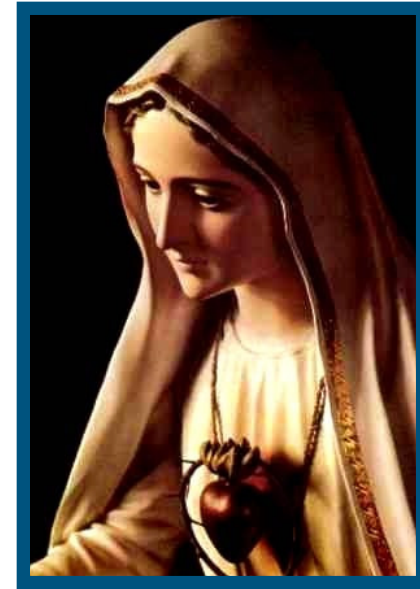
#### Memory

Our Lady has gathered us all together in one room, so we can pray together. There is a bar across the door to lock it. There is fear on everyone's face, especially Peter's. Only Our Lady is serene and peaceful. Her peace causes us to gather around Her as chicks to a mother hen.

Jesus often asked us to pray as not to enter into temptation, but we often slept or had things to do, places to go, people to see. We are His Church and with the exception of Our Lady, we are a pathetic sight. Fifty-three (53) days ago, a fearful Peter denied Jesus and then ran away crying. Now we are all afraid for our lives. There is nothing we can do and no where for us to go. Our Lady reminded us to pray and wait for Her Son's promise. "Stay in the city until you receive power from on high and you will be My witnesses." So now we pray.

As we prayed, we heard a sound coming from Heaven like a strong driving wind. We see tongues of fire appear, it circles Our Lady's head like a crown. The crown of fire splits up and rests on each one of our heads. The peace of God comes to us. The fear leaves us.

Peter goes out to the crowd and boldly says, "Jesus has been raised from the dead and we are His witnesses."



### 4. CONSECRATION TO THE IMMACULATE HEART OF MARY "TOTUSTUUS"

(On Jan 22, 1888, Pope Leo XIII granted a plenary indulgence to all who would make Father de Montfort's new blessed Act of Consecration.)

I, (Name), an unfaithful sinner, renew and ratify today in thy hands, O Immaculate Mother, the vows of my Baptism; I renounce forever Satan, his pomps and works; and I give myself entirely to Jesus Christ, the Incarnate Wisdom, to carry my cross after Him all the days of my life, and to be more faithful to Him than I have ever been before.

In the presence of all the heavenly court, I choose thee this day for my Mother and Queen. I deliver and consecrate to thee, as thy slave, my body and soul, my goods, both interior and exterior, and even the value of all my good actions, past, present and future, leaving to thee the entire and full right of disposing of me and all that belongs to me, without exception, according to thy good pleasure, for the greater glory of God in time and in eternity.  
Amen.

## EXPOSITION OF JESUS CHRIST IN THE BLESSED SACRAMENT

(If available, sing “O Salutaris” in Missal)

### FOUR PRAYERS

1. Jesus, Mary, and Joseph, I love You; save souls!
2. I repent! I repent! I repent! I convert myself entirely to You Lord Jesus!
3. **Angel Prayer given at Fatima:** My God, I believe, I adore, I trust, and I love Thee! I beg pardon for those who do not believe, do not adore, do not trust, and do not love Thee.
4. Come Holy Spirit, fill our hearts and kindle in them the fire of Thy Love. Send forth Thy Spirit and we shall be created and Thou shall renew the face of the earth.

### THE HOLY ROSARY

It is recommended to pray the scriptural Rosary often so one can develop a clear understanding of the Gospel lives of Jesus and Mary. The more we walk with Them, the more we will know Them and love Them. In Her messages, Our Lady’s meditations on the Rosary give over 25 years of wisdom to help us get God back into the center of our lives. (See the encyclical on the Rosary by Pope John Paul II, 2002)

### The Joyful, Sorrowful, Luminous, or Glorious Mysteries

**Between Each Decade, Pray:** O My Jesus, forgive us our sins, save us from the fires of Hell, lead all souls to Heaven, especially those who have most need of Your mercy.

Eucharistic Heart of Jesus, we adore Thee.

**Sing:** “Ave, Ave, Ave Maria, Ave, Ave, Ave Maria” between decades.

## 2. THE ASCENSION

### Memory

It is a beautiful day. We see the blue sky with some white clouds. We are gathered around Jesus on top of Mount Olivet. We feel a light breeze. We see the city of Jerusalem below. We hear the birds chirping. We see Jesus dressed in white. His smile is beaming. We hear Jesus say, “Go into the whole world and preach the Gospel to every creature... As the Father has sent Me, so I send you... Stay in the city until you receive power from on high... Behold, I am with you all days, even to the end of the world.”

We see Jesus being raised up to the sky and a cloud receives Him and Jesus takes His throne at the right hand of the Father. We all look up at the sky for a long time. We are utterly amazed. We saw Jesus leave, yet remember the words, “Behold, I am with you all days.”

### Intellect

How can Jesus be with us all days if He is on His throne in Heaven?

We recall Jesus words, “The Kingdom of God is within you!” and “Thy Kingdom come.” We realize that following the Gospel with the interior life that Jesus calls us to transform our hearts into a “Little Heaven.”

Jesus let us help Him conquer the world and we saw Him take His throne in Heaven. Now we understand a new battle is on. We have to help Him conquer our hearts, so He can take His throne in our “Little Heaven.”

### Will

We make a resolution to try our best to live the Gospel, so we can apply the graces, that Jesus won for us, into our souls. We will apply the graces with Confession, a solid prayer life and special devotion to receiving Jesus in the Eucharist. Here, He physically comes into our body and makes it His home and His throne. The Fatima Five First Saturday Devotion puts us on a sure path to accomplish this.



## Intellect

We hear the words of Jesus echo over and over again, “Why did you doubt?” “Why did you doubt?” We ask ourselves, “Why did they doubt?” We know that Jesus was warning them about a trial, but they did not want to listen. Since they did not want to listen, they kept cutting corners in their spiritual lives and were not prepared. When the trial came, they failed miserably and Jesus suffered more because of their lack of preparation. Today, we are the apostles of Our Blessed Mother. She is preparing us for future trials.

## Will

We make a resolution to listen more closely to all of Our Lady’s messages. God sent Her. She is preparing us. We will make an effort to take the spiritual life seriously. We will have faith that God has a plan. We can even expect tough spiritual trials similar to those the apostles went through. We can learn from their successes and failures. We will ask for the gift of faith so that after the trial is over, we will not hear the Lord say, “Why did you doubt?” We know that all the problems we see in our day are the symptoms of losing the spiritual warfare that is going on. We will do what Our Lady asked and practice the Fatima Five First Saturdays. This true solution is in reach of every Catholic in the United States. During the meditation, Our Lady asked for, we will make sure the three powers of our soul– the memory, the intellect and the will–will always be for the greater glory of God. Amen.



## THE APOSTLES CREED

I believe in God, the Father Almighty, Creator of Heaven and earth. I believe in Jesus Christ, His only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day He rose again. He ascended into heaven, and is seated at the right hand of God, the Father Almighty. From thence, He will come to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

## THE OUR FATHER

Our Father, Who art in Heaven, hallowed be Thy name. Thy Kingdom come, Thy Will be done on earth as it is in Heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

## THREE HAIL MARYS

(for Faith, Hope, and Love)

Hail Mary, full of grace, the Lord is with Thee. Blessed art Thou among women, and blessed is the fruit of Thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners now and at the hour of our death. Amen.

## GLORY BE

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

## HAIL HOLY QUEEN

(For the president and all government leaders)

Hail Holy Queen, Mother of Mercy, our life, our sweetness and our hope. To You do we cry, poor banished children of Eve; to You do we send up our sighs, mourning and weeping in this vale of tears. Turn then, most gracious Advocate, Your eyes of mercy towards us, and after this our exile show unto us the blessed fruit of Your womb, Jesus. O clement, O loving, O sweet Virgin Mary! Pray for us, O Holy Mother of God, that we may be made worthy of the promises of Christ.

## PRAYER TO SAINT MICHAEL

(To protect the least of our brothers, especially the unborn!)

Saint Michael the Archangel, defend us in battle. Be our safeguard against the wickedness and snares of the Devil. May God rebuke him, we humbly pray. And do Thou, O Prince of the Heavenly Host, by the Divine Power of God, thrust into Hell, Satan and all the evil spirits who wander throughout the world, seeking the ruin of souls. Amen.

## MEMORARE

(For the sick and the dying)

Remember, O Most Gracious Virgin Mary, that never was it known, that anyone who fled to Thy protection, implored Thy help, or sought Thy intercession was left unaided. Inspired by this confidence, I fly unto Thee, O Virgin of virgins my Mother. To Thee I come, before Thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in Thy mercy hear and answer me. Amen.

## PRAYERS FOR THE SOULS IN PURGATORY

Our Father ... Hail Mary ... Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May their souls and all the souls of the faithfully departed through the mercy of God rest in peace. Amen.

**PRAYERS FOR THE POPE**, *all bishops, priests, nuns, and religious*. Our Father ... Hail Mary ... Glory Be.

## Will

I promise to respond to Jesus' intense love by consecrating myself to the Blessed Virgin Mary, so that She can help me make the number one priority in my life receiving Jesus Christ in Holy Communion, with reverence, devotion and love. As we see, everything is easy for God except saving souls. I also promise to work hard to share His love with others.

## Glorious Mysteries

### 1. THE RESURRECTION

#### Memory

We are in a little house in Jerusalem. We see the face of Peter. He is sitting down staring into space. His hair is ruffled. We see the redness in his eyes. We hear his sniffles. He has been crying a great deal. We hear a cock crow. Peter is frightened. His eyes open wide and he yells out, "NO!" A new batch of tears falls from his eyes and we hear his sobs more pronounced. Mary Magdalene comes rushing in and says that the tomb is empty and the angels told her He is risen. We see Peter shift his eyes and tighten his lips. Unbelief is written all over his face. Peter thinks Mary is delirious. The trial has been too much for her. The reality is too severe. All their hope was shattered by a humiliating defeat. Peter runs to the tomb to stop someone from further desecrating the Body. He finds it empty. He walks away with the same stare into space.

Later, we see the apostles in a locked room. They all have looks of devastation on their faces. No one speaks. They all stare into various directions. We see our Lord Jesus enter the room. He is majestic and dressed in all white. He is smiling. We hear him say, "Peace be to you." We see all the eyes of the apostles fill with tears and joy. We hear the apostles say almost together, "Master!" They all realize the trial is over. We hear Jesus say, "Why did you doubt?"

## 5. THE CRUCIFIXION

### Memory

We see the Cross flat on the ground. With His remaining strength, Jesus crawls on top of it. His hand is held in place by the executioner. We see the swing of the arm and we hear the "clank" of the hammer. We see the blood come out of His hand. We hear the Blessed Mother cry. They soon raise Jesus up. As Jesus, the Word of God, is in agony, we look closely at His mouth. Jesus' lips and tongue are bone dry. We see His mouth half open as He gasps for air. We hear the shouts of mockery and hatred. We hear Jesus say, "Father, forgive them for they know not what they do." We look at Jesus. He has to struggle for each breath. The struggle goes on and on. After some time, we see Jesus move His mouth and hear Him say, "My God, My God, why have You abandoned Me?" After a short period of time, we see Him look down at Mary and John and say, "Woman, behold Thy Son...Behold Thy Mother." We look again at Jesus' tortured mouth.

### Intellect

We are drawn to the words from the tortured Word of God. "Father, why have You abandoned Me?...Behold Thy Mother." These words go over and over in our hearts. "Father, why have You abandoned Me?... Behold thy Mother!" These words from the Word go over and over in pure minds until we feel the sacrifice of Jesus being separated from His Father and His Mother. We think of the Sacrifice of the Mass. We know this moment is present during the Mass. We think of Holy Communion and the unique bond we get to have with God. Then we understand.

A man must leave his father and mother and cleave to his wife and the two shall become one flesh. This is a great sacrament between Christ and the Church. (Ephesians, Genesis) We are the spouse of Christ. Jesus has to leave His Father and Mother and die on the Cross in order to become one flesh with me in Holy Communion. I think of the love Jesus has for me. I think of how careless and ungrateful I am. I am so impressed by His heroic love and self-sacrifice. I make a resolution.



### FATIMA PRAYER

"Most Holy Trinity - Father, Son, Holy Spirit - I adore thee profoundly. I offer Thee the most precious Body, Blood, Soul and Divinity of Jesus Christ present in all the tabernacles of the world, in reparation for the outrages, sacrileges and indifferences whereby He is offended. And through the infinite merits of His Most Sacred Heart and the Immaculate Heart of Mary, I beg of Thee the conversion of poor sinners."

**15 MINUTE MEDITATION** *on the Mysteries of the Rosary.*  
Pick 4 to 5 meditations. This will take approximately 15 minutes.

Start out by praying:

Dear God, we beg You to please give us the grace, that the three powers of our soul: our memory, our intellect, and our will, will be for the greater Glory of God.

## 1. ANNUNCIATION

### Memory

We see the Blessed Virgin Mary. She is smiling peacefully. Her head is bent forward. She is sewing a tan garment. She is working swiftly and gracefully, but Her smile informs one that She is thinking about something else. That something gives Her peace and joy. Mary is dressed in a blue mantle with a white veil. She has black hair, blue eyes and rosy cheeks. She is in a very simple, but tidy room.

Suddenly a bright light fills the corner of the room close to the window. We see an image of a beautiful angel. He is on one knee with his head bowed close to the ground as a knight would greet his queen. When he delivers the respectful greeting, his voice sounds like marbles being dropped into a copper pitcher. It seems to echo all the way back to Heaven as we hear him say, “Hail Mary, full of grace, the Lord is with You. Blessed are You among women.”

We see Mary’s eyes opened wide with surprise. We see Her bring the tan garment almost up to Her chin in a reflexive act of modesty.

### Intellect

We are attracted to the word “Hail.” As we see the angel bowing, we start to ask ourselves, “Why? Why such a respectful greeting?” As we analyze this we ask, “Where did this respectful greeting ‘Hail’ come from?” The angel is God’s messenger and the message came from God. God is going to change the world forever and He is going to use Mary for the first step in this change. This great respectful greeting will always be used by God to bring about conversions and changes for the better. Mary responds with Her “Yes” and then Jesus lives inside of Her and the world is changed.

## 4. JESUS CARRIES THE CROSS

### Memory

We see Jesus. The soldiers push Him down by the Cross. Jesus’ arms are striped red with blood. We see Jesus embrace the Cross. He looks at the Cross as if He has been searching for it for such a long time. With all of His strength, He lifts it up and then starts to move forward. Jesus is led uphill. We hear the yells and sense the hatred towards Jesus. We see the rocks thrown at Him. We look at Jesus’ face and see His great determination to move forward as if the entire world depended on this. We see Jesus fall. We hear the Blessed Mother cry. Jesus struggles, gets up and moves forward. We hear the words, “Your Will be done.”

### Intellect

Why is Jesus so determined to carry the Cross? Over two-thousand years ago, Isaac carried the wood on his back so his father could prove his love to God. Now Jesus is carrying the wood on His back so His Father, God, can prove His love to man. Jesus is carrying all the sins of the world for all time.

### Will

We make a resolution to pray for patience. When a cross appears in our lives, we will not blame God, but move forward. We will ask for the grace to unite this cross to Jesus’ Cross and with it, accomplish all things that the Father wants us to do.

### 3. CROWNING WITH THORNS

#### Memory

We see Jesus sitting down. His hands are tied. He looks like He is wearing a red shirt. It is the red blood caused by the stripes from the whips. Blood and skin are everywhere.

The soldier takes a crown of thorns and presses it into His head. We see the soldier kneel down in mock adoration as he cries out with a deep scratchy voice, “Hail, hail, King of the Jews.” He laughs with the other soldiers and then spits in Jesus’ face. He takes a reed and strikes Jesus’ head. We look closely at Jesus’ eyes. They are closed and blanketed with spit. Every time the soldier strikes Jesus on the head, the spit is displaced by blood that flows down from His head into His eyes. We see the sharp points going into His scalp as tears, blood and spit fall from His eyes.

#### Intellect

We ask, “Why is His head being crowned with thorns?” The head is where the thoughts of man are generated. Jesus is the Redeemer. Jesus has to atone for all the proud thoughts of men; all the ungrateful thoughts that insist we create things without God.

#### Will

We make a resolution to pray for humility. We ask for the grace of humility, so our heads will not generate proud thoughts. We ask for the grace that all of our thoughts will give glory to God.

#### Will

When we say the “Hail Mary,” we will say it the way the Angel Gabriel did: with great respect, reverence, devotion and love. It is God’s greeting and He wants to change the world. We will try to have the same respect for Mary as God did. This respect will help us to imitate the angel and to greet others the same way. God wants to change the world and we can tell others, with respect, that Jesus Christ wants to live inside of them by means of Holy Communion, so He can change the world.

### 2. VISITATION

#### Memory

We see our Lady. She is walking towards us. She has Her left hand on Her womb. Her face is full of peace and joy. She is dressed in a blue mantle with a white veil. We realize She has long black hair because we see it under the veil by Her waist. Her blue eyes shine with love and Her look lets us know that She is bringing us a great present. We hear Elizabeth, filled with the Holy Spirit, say in a loud voice, “Blessed are You among women and blessed is the fruit of Thy womb. Who am I that the Mother of my Lord should come to me?”

#### Intellect

We are attracted to the words that Elizabeth said while she was filled with the Holy Spirit: “Blessed are You.” “Blessed are You.” “Blessed are You.” Why did God bless Mary so much? What did Mary do to prepare Herself to receive blessings from God? Mary’s soul is clean. Mary strove to be humble and pure. How can we be blessed?

#### Will

Our soul will be clean with the Sacrament of Confession. We will also strive for humility and purity to prepare us to receive God in Holy Communion. God lived inside the Blessed Mother. When we receive Holy Communion, God lives inside of us. As we encourage others to do this, they will be blessed also. When we receive Jesus in Holy Communion, we can put our left hand over our heart and imagine Elizabeth saying to us, “Blessed are you.”

## 3. BIRTH OF CHRIST

### Memory

We see a poor stable. There is an ox and an ass. There is a small fire which shines a light on Mary and Joseph. Mary is dressed in blue. Joseph is dressed in red and brown. We feel the cold of the air. We smell the hay and the animals. Mary's face is joyful and peaceful. Her rosy cheeks are lifted by Her smile. Her blue eyes are filled with love and tears of joy as She looks into the manger where Jesus lays. Joseph is also peaceful. There is a look of love and admiration on his face as he looks at Jesus.

### Intellect

Our attention is drawn to the peaceful look on their faces. Why are they happy? They are in poverty and cold, but they are joyful. A big house and comfortable furniture is not making them happy. Our intellect says that when we have Jesus, we have everything. We can get so preoccupied with chasing material things that we can lose sight of Baby Jesus.

### Will

We make a resolution to use our wealth to get us closer to Jesus, not as a barrier to separate us. We will ask for the grace to see Jesus in the poor.

## 4. PRESENTATION OF JESUS IN THE TEMPLE

### Memory

We see Mary with Baby Jesus in Her arms. Jesus is wrapped in a gray blanket. We see Joseph walking next to Her. In his right hand he has a cage with two turtle doves. We hear the commotion in the street as they approach the temple. We hear the doves cooing. We see the priests in the temple receive the sacrificial offering of the doves. We look at the dignified look on Joseph's and Mary's faces as they hand little Jesus to the priest. The priests ask

## 2. SCOURGING AT THE PILLAR

### Memory

We see Jesus. His hands are tied to the top of a pillar. His torturers dangle the whip with three strands of sharp weights tied to its ends. We hear the grunt of the torturer as he swings his arm. We hear the "crack" of the whip against Jesus' back. We see the red blood spray and drip down to the ground. We hear another "Crack!" "Crack!!" We look at Jesus' face. His eyes are closed and His teeth are clenched. We look at His teeth clench tightly as we hear another "Crack!" "Crack!!"

### Intellect

Why, why so many stripes on His back? Why doesn't somebody stop this? We know Jesus is the Redeemer and He has to atone for all the sins of the flesh. Our Lady of Fatima stated that the sins of the flesh take most souls to Hell. Jesus is doing this to save us. How carelessly we participate in sins of the flesh and how much it costs Him.

### Will

We make a resolution to beg for the grace of purity and to avoid the near occasions of sin. We beg for the gift of faith and to know that with the grace of God, all things are possible. Jesus will give us the strength to have our souls and bodies give glory to God.

## 1. AGONY IN THE GARDEN

### Memory

We see Jesus. We feel the cool and the dampness of the night. It is dark and still. It is quiet. Jesus is dressed in a white mantle and is kneeling next to a large rock. His hands are clenched in prayer. We look at His face. Jesus is in agony. We hear His groan to the Father. Our attention is drawn to His forehead. We see drops of blood coming out of His pores like sweat. We move closer to be near Jesus. We realize that the Devil is near Jesus telling Him the names of people who will reject His sacrifice and end up spending all of eternity in torture. The Devil is telling Him not to bother with His sacrifice. "The whole world will reject Him and go astray anyway." A light appears above Jesus. It is an angel who appears and helps Jesus pray more earnestly. The angel is telling the names of the people who will accept His sacrifice and apply the graces to their souls. Jesus is seeing all the souls of all times. The red drops of blood continue to fall from His forehead.

### Intellect

Why is Jesus in such agony? Jesus is the Savior and it pains Him to not be able to save so many souls. Jesus' love is perfect and He does not want to see anyone lost forever. We know that Jesus saw us that night. Our names were mentioned that night. We know that it is how we respond to His grace in this life that determines who said our names.

### Will

We make a resolution to let Jesus save us and to be committed to the path of conversion. Every time we have sweat on our foreheads, we will think of the blood that came from Jesus' forehead. We will practice the Five First Saturdays for the rest of our lives and in doing so, continue to go to confession monthly, so our souls can be washed by the Blood of the Lamb.

Mary and Joseph a few questions and we hear them say in unison, "Yes, we will." Mary and Joseph have a very determined look on their faces. When the priests hand Jesus back to Mary, we see He looks so safe and loved in His Mother's arms.

### Intellect

We ask, "Why are they so determined and committed? What is happening?" We know that Mary and Joseph are consecrating the Child Jesus to God. They are committed to creating an environment in their home that is conducive to reading the Scriptures and praying. They promise to help Jesus to learn all about God and to follow His law of love. They will protect Jesus from the dangers of the world that will have a negative impact on the development of His Person. We know that by being in their family, Jesus is united to them. We know they will help Jesus to fulfill His purpose.

We know that when we consecrate ourselves to Jesus through Mary, we subject ourselves to Her the same way Jesus did. We obtain a bond with Her in which She is committed to helping us give glory to God. We know it takes humility and trust to subject ourselves, but we have confidence that Our Lady's love will help our souls give glory to God.

### Will

We decide to renew our consecration to the Blessed Mother often. We need the help. We want the help. It is a joy to be with Her. The bond that we get will allow Her to protect us from all the wicked snares of the Devil. We thank God for sending us such help. Her love is truly our refuge. What a wonderful Mother! We will feel as safe as Jesus did in Her arms as we move forward in our spiritual lives and grow in wisdom and age and grace before God and men.

## 5. FINDING OF THE CHILD JESUS IN THE TEMPLE

### Memory

We see the empty streets of Jerusalem. It is early morning. We feel the dew of the morning. We hear the beautiful voice of the Blessed Mother. We hear the love and concern in Her voice. She only says one word over and over, loudly and slowly, “Jesus.” “Jesus.” “Jesus.” We also hear a man’s voice. It is strong as he calls out, “Jesus.” We see Mary and Joseph. They are talking with a group of pilgrims. There is hope on their faces. We see the pilgrims shake their heads. We see the disappointment on Mary’s and Joseph’s faces. They look at each other and then move forward with a new determination. A word can be heard crying out in the streets, “Jesus.” They approach the temple. They find Jesus. They are filled with relief and joy. “And Jesus was subject to them.” (Luke 2:51)

### Intellect

Why did they look so hard for three days? Because they loved Jesus so much. We think about our own country today. So many souls are lost in confusion and sin. How hard and with such determination is our Mother Mary looking for us! She is continually calling out our names and telling us, “God exists and He loves you. God alone is the fullness of life. If you want to enjoy that fullness and obtain peace, you must return to God.”

### Will

We make a resolution to imitate Christ and be “subject to Them.” We will cooperate with our loving Heavenly Mother and even join Her in the search. We will actively search for lost souls with the same love and determination that Mary and Joseph had when looking for Jesus. We do this by praying the Rosary every day and by practicing and promoting the Fatima Five First Saturday devotion. There are special graces here that will bring all Her children home. Be Her apostles.

of the Holy Communion. Jesus does not say to eat His Body only, but Body and Blood because Jesus Christ is alive and He is coming into our bodies, we two become one flesh. Our faith in Jesus’ word tells us that it is Jesus Christ, Himself, under the appearance of bread.

This is so important and so special that other religions do not even dream of such a great gift from Our God. Jesus has made this great gift the new and everlasting covenant between God and His people. “He that eats this Bread will live forever!” (John 6:51) As Adam ate the forbidden fruit that produces death, Jesus Christ, the “new Adam,” gives us the antidote. The Holy Communion is the fruit from the true “Tree of Life.”

### Will

I make a resolution to please Jesus Christ by receiving Him in Holy Communion the way John did and not the way Judas did. I will prepare myself to receive Jesus by loving Him with my whole heart, mind, soul and body and by doing all that Jesus commands.

I will make sure that I prepare myself by making frequent confessions. In this way, the Scriptures are fulfilled, “Blessed are they that wash their clothes in the Blood of the Lamb. It is they who have the right to eat the fruit from the tree of life.” (Rev 22:14)



## 5. INSTITUTION OF THE EUCHARIST

### Memory

We see Jesus at the Last Supper table. He is radiant! Jesus is dressed in white. We see all of the apostles gathered around the long supper table. We hear Jesus say, “Oh, how I desire to eat the Passover with you before I suffer.”

All the Love of God is in Jesus’ heart and in order to be near that Sacred Heart, we see John lean his head on Jesus’ chest.

We hear the "clank" of the plates and the "clink" of the cups as they eat their meal. The purity of His Sacred Heart makes Him look even younger. Jesus’ face is beaming with love and enthusiasm. Jesus looks like He is about to give His friends the greatest gift in the world. We hear Jesus say, “Take and eat. This is My body. Drink this cup. This is My blood of the new covenant which is being shed for many for the forgiveness of sins.”

We see Jesus smile as He gives the Sacred Bread to His apostles. It seems to give Him so much joy. When Jesus gives the Sacred Bread that He called "His Body" to Judas, Jesus turns deathly pale. We hear Jesus say to Judas, “Do what you must do quickly.” We see Judas leave.

For fifteen minutes, the eleven apostles are praying and reacting a little differently. We see the peaceful face of John. He seems to be in another world. We hear John softly repeat the words, “He that eats My flesh and drinks My blood lives in Me and I in him.”

### Intellect

Why is Jesus saying, “This is My Body?” Jesus has said, “The Kingdom of God is within you.” Jesus Christ wants to establish His Kingdom on the throne of your heart. Jesus could come into our bodies invisibly, but He chooses to come into our bodies by means

## Luminous Mysteries

### 1. THE BAPTISM OF JESUS

#### Memory

We see Jesus dressed in white. He is in the desert. We hear a loud voice crying out and echoing in the hills, “Repent! Repent!” We see John the Baptist clothed in camel’s hair. We see Jesus approach John, knee deep in water. And we see them look at each other. We then see John kneel down to Jesus. We hear the splash of water. We hear the exchange of a few words. We see John stretch out his arms and lift the palms of his hands gesturing that he does not understand. We see John baptize Jesus with water. We see a large glowing white light shaped like a dove come down upon Jesus. The light surrounds Him. We hear a kind, yet powerful voice, sounding like thunder from heaven say, “This is My Beloved Son in Whom I am well pleased.” We feel the peace and love that the Father has for His Son, Jesus Christ.

#### Intellect

We ask ourselves, "Why? If Jesus is sinless, why does He have to be baptized?" Our intellect says that we must follow Jesus' words and example. Jesus not only tells us the way, He is the way. We thank the Lord for the grace of Baptism. We know that when we are baptized, the words spoken to Jesus by the Father apply to us: “This is My beloved Son in Whom I am well pleased.”

#### Will

We make a resolution to not be children of the Devil, but remain faithful to our call and be children of God. We promise to please God in any way our souls can. We will renew our Baptismal promises often, especially by the perfect renewal of a consecration to Jesus through Mary.

## 2. THE WEDDING FEAST AT CANA

### Memory

My name is Jacob, I am a waiter. My boss asked me to help out at his sister, Miriam's wedding. They wanted everything perfect for Miriam and her new husband.

I see the large wedding hall decorated in white. There are about 150 guests present. I hear several "clanks" as the dishes and cups are being set down on the table. My eyes are drawn to a man they call, "Jesus." He is dressed in a tan tunic and sitting at a long table in the middle of the room. My boss told me that He is a "holy man." I am always skeptical of so called, "holy men."

Jesus is sitting next to His Mother. She is wearing a blue dress and Her head is covered with a white veil. Everyone is smiling and enjoying themselves. During the main course, I went to the back for more wine and I noticed the large barrel was empty. I asked the head-waiter named Dan about the wine. His eyes opened up wide. He forgot to order it. As I walked back to the table, I couldn't help feeling sorry for Dan and the married couple. Without wine, people get bored and the party is over. What an embarrassment. I hear Jesus' Mother say to Him, "Son, there is no more wine!" Jesus looked into Her eyes and said with a slight smile, "Woman, what concern is this to You and I? My hour has not yet come." They were looking at each other. I have never seen love like that before, even in a married couple. For a moment, it seemed as though nothing else existed to Them. It is as if She were looking at God! His Mother stood up, and with Her left hand, She lightly touched my right elbow. She looked me right in the eyes and said slowly, with

## 4. THE TRANSFIGURATION

### Memory

We are climbing up a tall mountain with Jesus. Peter and James are struggling to climb, but they smile because they are so happy to be alone with Jesus. We leave the noise of the town below. The sky looks blue, the land looks so green. All we hear are the birds chirping and the occasional heavy breathing. We finally reach the summit. The town looks so small down below. Peter and James sit down in the shade, enjoy the view, and start to doze off. Jesus starts praying.

Jesus is dressed in a white tunic. Jesus' eyes look up to Heaven as His arms stretch out. A light shines around Him. I wake Peter and James. Jesus levitates a few feet in the air. The light makes Him shine even whiter and brighter. We see Moses and Elijah. They are talking with Jesus. Jesus gets so bright that all we could see is a white circle. He looks like a Host. There are rays of power, light and grace just flowing from Jesus. We hear a kind voice from Heaven thunder, "This is My beloved Son, in Whom I am well pleased. Listen to Him."

### Intellect

We ask ourselves, "Why? Why did Jesus go through this change when we were alone with Him?" We understand that God is strengthening our faith in Jesus, especially in Holy Communion. We know that when we visit Jesus in the most Holy Eucharist, the Father and the Spirit are present also.

### Will

We make a resolution to make a Holy Hour as often as possible. We will visit Jesus in an Adoration Chapel where the bright white Host is exposed. We will have faith that the rays of power, light and grace will be shed upon us to change us. We will take the opportunity to practice what the Father asked and "listen to Him" especially when we are in His Holy Presence. Amen!

less than this. "Blessed are the poor in spirit, for theirs is the Kingdom of God." We are simple workers as Peter, James and John, yet each one of us, especially those who belong to a Marian prayer group, are called to be disciples of Jesus. We ask ourselves, "How will I MAKE MYSELF a fisher of men?" "NO! NO!" Jesus said, "FOLLOW ME and I WILL make YOU a fisher of men." To fulfill your call, you are asked to follow Jesus.

There are three important parts to follow Jesus: prayer, the Bible and following Jesus' vicar, the Pope. Prayer is union with God; it keeps us close to God. The Bible (Gospels) helps us to really know who He is. Listening to the Pope helps us to hear what the Holy Spirit is revealing to the world today.

Peter was detached from his net, we have to be willing to "let go" and put Jesus Christ in the first place.

## **Will**

We make a resolution to take advantage of the opportunity to develop that relationship with Christ. This includes prayer and reading one chapter of the Gospel every day. We make a resolution to imitate Peter and let go of our nets. We will have faith that as we follow Him – Jesus will change us and He will make us "fishers of men."

such confidence, "Do whatever He tells you." Her blue eyes were filled with so much love, that it made me think of Heaven. I was in awe as Jesus said to me, "Fill the jugs with water."

Grabbing my companions, we went to the well in back of the hall and started to fill the six large jugs. I kept saying to myself, "Did you feel the purity of love shining from those eyes? Did you hear that heavenly voice flowing from Her smile? Jesus must be a Holy Man, for He has an Angel for a Mother." I could hear the murmur of the crowd. The noise indicated that everyone knew that there was no more wine. All the stores are closed. What a tough situation.

Panic filled my heart. "What am I doing? There is water everywhere. He needs wine not water!" As the last of the six jugs were filled, I heard Jesus say to me, "Draw some water out and take it to the chief steward." I draw some out and start walking to the chief steward. I start thinking the chief steward is not only going to fire Dan for forgetting to order the wine, but he is also going to clobber me for filling the jugs with all this water. I remember and I ponder the Mother's sweet words, "Do whatever He tells you." She makes me think of Heaven and I move forward with the water.

The chief steward drinks some of the water. I hold my breath and waited for him to pour the water on my head. The chief steward starts to smile. He turns to the bride groom and says, "Every man at first gives good wine and after the men had been drinking a lesser vintage, but you have kept the good wine until now." Some people start to realize that a miracle has taken place. A new joyful murmur is heard throughout the room. The bridegroom thanks Jesus. Jesus stands up and says, "Thank My Mother." Jesus leaves with His disciples in order not to take the attention away from the

married couple. The bridegroom thanks Mary and She said, “Thank Jacob! He had the faith to fill the jugs up with water or Jesus would not have made the miracle.”

## **Intellect**

Why did Jesus make the first miracle at Our Lady’s request? Because eventually, His hour would come, when Jesus would be nailed to the Cross. At this hour, Jesus gave us a great gift, He appointed Mary as our Mother in order to help us. At the wedding feast, Jesus is showing us the influence that Our Lady has with God.

Why did Jacob fill the jugs up with water? The Mother’s love, charm, holiness and faith, increases our faith in Jesus and encourages our good will, so that we will, “Do whatever He tells us.”

## **Will**

When God sends us Our Mother Mary as a Messenger from Heaven, we will have great confidence that if we listen to Her voice, it will lead to much Glory to God. Every day, we will ask the question, “Mother, how do you want me to serve Jesus today?” We will follow the clear directions even when we don’t fully understand how “Our Water” will help the situation that needs “Wine.” We promise to renew our consecration, “To Jesus through Mary.” As we follow this path, things will always come together to save the Heavenly banquet.

## **3. THE ANNOUNCEMENT OF THE KINGDOM OF GOD**

### **Memory**

We see Peter leaving the synagogue and return to his boat. We see that Peter’s face is sad. We hear him say to his brother Andrew, “That scribe

makes holiness sound so impossible, especially for us workers. Whenever we leave there, I get the feeling that God is so far, far away. I feel as if only the Pharisees who know the 613 precepts can talk to God. I wish God were as close as my dependable boat.”

We see the large beautiful blue Sea of Galilee. Rolling hills surround it. We hear the seagulls and the light splashing off the waves on the shore. We look to the right and see footsteps in the brown sand. As we follow the path of the footsteps, we see Jesus and He is calling out to the fishermen who are at work with their nets. He gets their attention in a friendly way by calling their names, “Peter, James, John!” Then Christ delivers the message, “The Kingdom of God is not out there somewhere, the Kingdom of God is at hand, here for you. Believe in the Gospel.”

We hear Peter ask Jesus, “Where is the Kingdom?” “The Kingdom of God will be within you,” Jesus said. “Come, follow Me, and I will make you fishers of men.”

We see Peter’s hand. It is clenched on his net. Peter pauses. Is this too good to be true? We see Peter look at his boat, and then at his net. Then Peter looks at Jesus. Jesus is smiling. His white tunic is simple and poor, but majestic. Purity and zeal shines through His eyes. We look at Peter’s hand. He lets go of the net.

### **Intellect**

Why is Peter following Jesus? With Jesus Christ, the Kingdom of God is no longer an unattainable concept. A relationship with Jesus Christ brings the Kingdom of God at hand. Something we can all obtain. With Jesus Christ, we can fulfill the deepest yearning of the human heart of being united to God. Our souls will be satisfied with nothing